

Red Fir Flat

Group Camp, Day Use Area, Dispersed Camping, and Ascension Rock



Map property and courtesy of the Mt Shasta Visitors Center

Red Fir Flat is located on the southern slope of Mt. Shasta at 6,400' feet in elevation. This site is home to the Ancestral Cone of Mt Shasta, an ancient, collapsed volcanic cone that preceded the modern peak, with rocks dating around 590,000 years old. The Red Fir Cone is the name for this earliest volcanic cone, distinct from the younger Hotlum and Shastina cones, and it's where Shasta Red Fir trees (a variety of California Red Fir) also thrive, known for their shaggy cones with long bracts.

Snowpack in this location may extend into late June on heavy snow years, and usually sees late season snowfall in early November, possibly October. The group campground is located on the left-hand side of Everitt Memorial Highway when heading up, the free dispersed campsite is located to the right-hand side (see map). On the left-hand side, just before entering the group campsite, there is a free to use day-use area. This is where the unofficial trail to Ascension Rock is located.

Group Campground Information

The Red Fir Flat Group Campground is a single reservation camp with space to accommodate a group of 9-35 people. It is a popular site for meditation/retreat groups. The **Maximum stay limit is 7 days per group and or individual(s).**

Camp opens from June 15th until the first good snow fall, mid to late October. **See Forest Service to make reservations.**

Group (nonelectric) Site: \$12 per night

Campfires, Pets, Facilities

Campfires are allowed with a California Campfire Permit unless prohibited by Forest Order. Pets are allowed in the recreation areas unless posted. They must be on a leash, no more than six feet long, when in a developed site and where other public are present. **Vault toilets**, bear proof trash cans, and picnic tables are available at this site. **Potable water is not available** at this site. Bring plenty of drinking water.

Dispersed Camping

Adjacent to the Group Camp, on the other side of Everitt Memorial HWY, there is a dispersed campsite. There is no fee for camping here, but there is a 7 day stay limit. Follow STNF Dispersed Camping guidelines. No amenities.

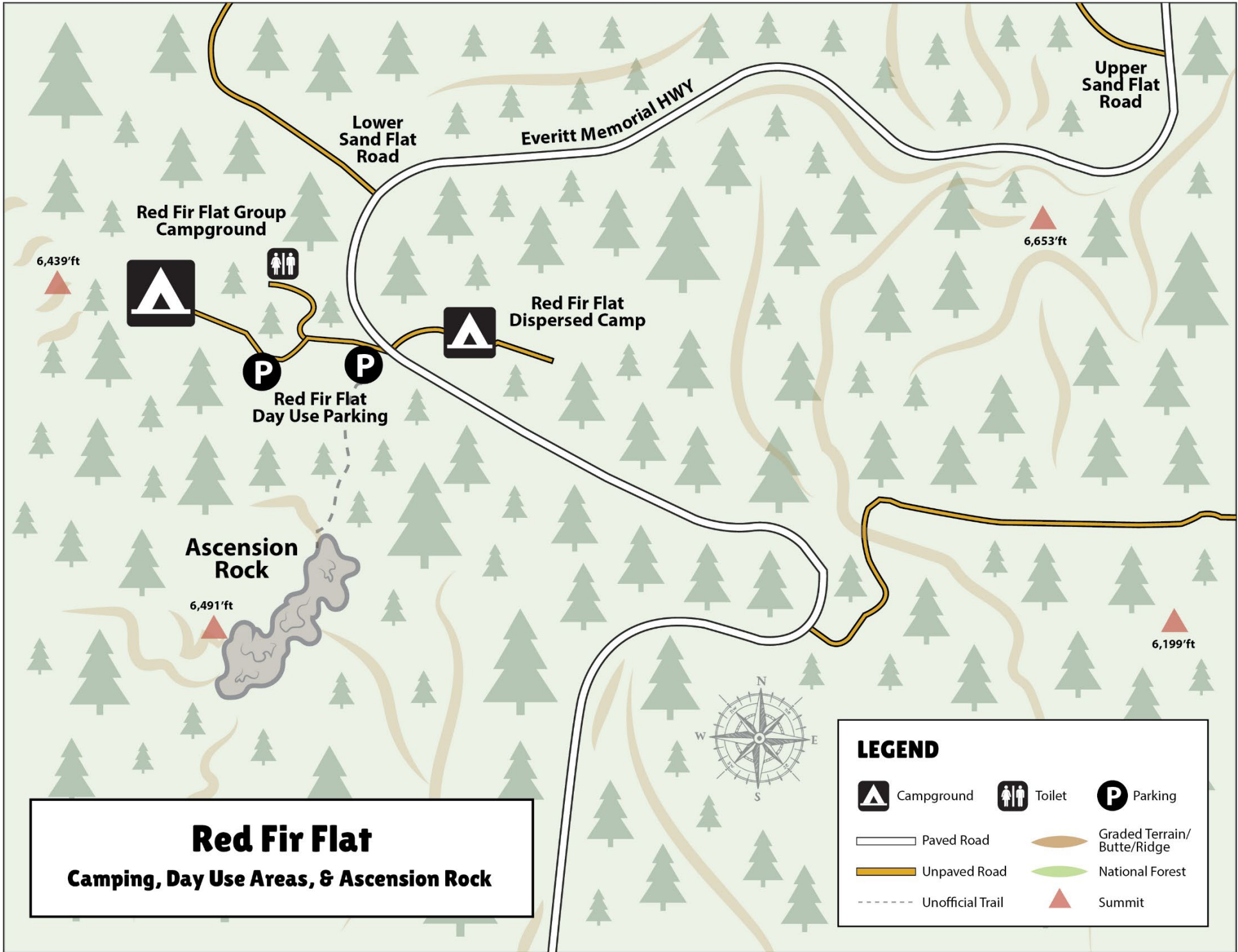
Day Use Area

The parking area before the group camp entrance is free to use for the public. No overnight parking at this site. Picnic areas are available. A vault toilet is located to the north of the Day Use Area along a separate dirt road (see map).

Ascension Rock

At the high point of the hill to the south of Red Fir Flat is Ascension Rock. Ascension Rock is a prominent granite boulder formation on the slopes of Mt. Shasta, widely considered one of the mountain's most significant spiritual "power spots" or energy vortexes. Many spiritual seekers believe Ascension Rock sits directly above Telos, a fabled five-dimensional subterranean city inhabited by an advanced civilization known as Lemurians. The site is named for its association with Ascended Masters—enlightened beings like Saint Germain—who some believe use the area as a portal between dimensions. It is frequently used for silent meditation and is described by visitors as a "temple-like" structure with high-vibrational energy.

Directions to Ascension Rock: There is no official trail to Ascension Rock. From the parking area just before the Group Camp entrance, a short, unmarked, and occasionally steep trail leads uphill to the south to the ridge where the rock formation is located.



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Camping, Day Use Areas, & Ascension Rock

LEGEND

Campground	Toilet	Parking
Paved Road	Graded Terrain/Butte/Ridge	National Forest
Unpaved Road	Unofficial Trail	Summit